



**STATE HEALTH BENEFIT PLAN (SHBP)  
2019 ACTIVE EMPLOYEE TOBACCO USERS SURCHARGE  
REMOVAL POLICY FOR  
ANTHEM BLUE CROSS AND BLUE SHIELD (ANTHEM)  
AND  
UNITEDHEALTHCARE MEMBERS**

**It takes 6 to 8 weeks to complete the Tobacco Surcharge Removal Requirements. You must complete the Sharecare RealAge® test and a telephonic well-being coaching program or any online tracking by November 30, 2019.**

**This policy only applies to the 2019 plan year. You must notify Sharecare that you have completed all Tobacco Surcharge Removal Requirements by December 31, 2019 to have the surcharge removed and refunded.**

This policy applies to Anthem and UnitedHealthcare members who are tobacco users and paying the tobacco surcharge. This policy allows you to have the tobacco surcharge removed by completing the Tobacco Surcharge Removal Requirements through your well-being vendor Sharecare as outlined on page 2.

The surcharge (\$80 per month) applies if the member or any of the member's enrolled dependents are not tobacco-free or do not complete the Tobacco Surcharge Removal Requirements.

Sharecare offers telephonic tobacco cessation coaching programs to assist SHBP members and their dependents to quit using tobacco products. SHBP members are allowed to participate in tobacco cessation coaching at no additional cost to them. For complete details or to sign-up for the telephonic tobacco cessation coaching, please call Sharecare at: 888-616-6411, or for the online tobacco cessation program go to: [www.BeWellSHBP.com](http://www.BeWellSHBP.com) and select Tobacco Cessation.

If you and your enrolled dependents complete the Tobacco Surcharge Removal Requirements, you will be able to avoid the surcharge for the entire year. This means that all of the tobacco surcharge you paid in 2019 may be refunded after the completion all of the Tobacco Surcharge Removal Requirements. **All Tobacco Surcharge Removal Requirements must be completed in 2019.**

**Qualifying Events**

Members currently paying the tobacco surcharge due to a covered dependent (spouse or child) utilizing tobacco who experience a qualifying event may be eligible to have the tobacco surcharge removed if no other covered dependent is utilizing tobacco.

To be eligible for a refund of 2019 tobacco surcharges paid prior to the qualifying event, the tobacco user must have completed all Tobacco Surcharge Removal Requirements prior to the qualifying event. If the tobacco user did not complete all of the Tobacco Surcharge Removal Requirements prior to the qualifying event, then the member must complete all of the requirements outlined in the Non-Tobacco User Surcharge Removal Policy to be eligible for a refund of the tobacco surcharges paid in 2019.



## **Tobacco Surcharge Removal Requirements**

**The following steps are for SHBP members covered under Anthem and UnitedHealthcare Plan Options ONLY and will not satisfy surcharge removal requirements for members enrolled in other Plan Options.**

**If you are Tobacco-Free\* for less than 60 Days you are subject to the tobacco surcharge unless you do the following:**

1. Complete the Sharecare RealAge test between January 1 and November 30, 2019 at BeWellSHBP.com by selecting the option to "Take the RealAge test" to begin.
2. Complete a telephonic tobacco cessation coaching program through Sharecare between January 1 and November 30, 2019 by calling Sharecare at 888-616-6411 to enroll, **OR** complete the following online activities:
  - Go to [www.BeWellSHBP.com](http://www.BeWellSHBP.com) and select Tobacco Cessation. Follow the instructions and register with QuitNet.
  - Set a quit date on QuitNet.
  - Download the quit guide.
  - Login and join the daily pledge on QuitNet at least 10 times over 30 days.
3. Once you have completed Steps 1 and 2 above, call Sharecare at 888-616-6411, select the coaching option, and notify them by December 31, 2019 that you have completed the Tobacco Surcharge Removal Requirements and request a Letter of Completion to retain for your records.

**\*Note: TOBACCO FREE means that you have not used tobacco products within the last 60 days.**

If you think you might be unable to complete the Tobacco Surcharge Removal Requirements, you might qualify for an opportunity to avoid the tobacco surcharge by different means. Contact Sharecare at 888-616-6411 and we will work with you (and, if you wish, with your doctor) to find a well-being program with the same reward that is right for you in light of your health status.