2021 State Health Benefit Plan
Annual Open Enrollment (OE)

Presentation to Active Members and Pre-65 Retirees for the 2022 Plan Year
Mission:
The mission of the Department of Community Health is to provide access to affordable, quality health care to Georgians through effective planning, purchasing, and oversight.
Agenda

• 2021 Open Enrollment (OE) Dates and Information
• Understanding Your Plan Options for 2022
  – Anthem Blue Cross and Blue Shield
  – UnitedHealthcare
  – Kaiser Permanente
  – CVS Caremark
  – Sharecare
• Important contact information
• Frequently Asked Questions
2021 Open Enrollment (OE) Dates and Information

• **OE Website Open & Close Dates/Times**
  – SHBP Enrollment Portal [mySHBPga.adp.com](http://mySHBPga.adp.com)
    • Opens at 12:00 a.m. ET on October 18, 2021
    • Closes at 11:59 p.m. ET on November 5, 2021

• **SHBP Member Services 800-610-1863**
  – *Extended OE Hours:* Monday – Friday 8:30 am to 7:30 pm ET
    (normally to 5:00 pm ET)

• **Active Decision Guide**
  – Contains important information about your plan options and benefits
  – Will be posted on SHBP’s website at [www.shbp.georgia.gov](http://www.shbp.georgia.gov)
Making Your Health Benefit Election for Plan Year 2022

- **Make your elections either:**
  - Online in the SHBP Enrollment Portal at [mySHBPga.adp.com](http://mySHBPga.adp.com), or
  - By contacting SHBP Member Services at **800-610-1863**

- **You may go online as many times as you like** but the last election confirmed at the time OE closes will be your election for the 2022 Plan Year
Your Password expires every 45 days. Log in to the SHBP Enrollment Portal now using your current password.
  • If it has been over 45 days since the last time you logged in, you will be prompted to create a new Password.

If you do not know your current User Name or Password:
  • Click the Forgot User ID? or Forgot Password? from the Login page to reset your User Name or Password.

SHBP Enrollment Portal: mySHBPga.adp.com
Open Enrollment (OE) and Your Responsibilities

- **Read and make sure you understand the plan materials** posted at [www.shbp.georgia.gov](http://www.shbp.georgia.gov) and other information and take the required actions
- **Confirm** that you answered the Tobacco Surcharge question appropriately
- **Check your payroll deduction** to verify that the correct deduction amount has been made. If you are not being charged the correct amount, immediately contact your Payroll Location/HR Department
- **To update any changes to your address or phone number,**
  - If you are actively working, notify your HR Department
  - If you are retired, call SHBP Member Services at 800-610-1863
- **Notify SHBP** whenever you have a change in covered dependents (within 31 days of a Qualifying Event)
Important Information: Adding Dependents

• If you are an active member who is not yet retired, and plan to add dependents to your plan option during Open Enrollment:
  – We encourage you to provide Dependent Verification Documentation for any dependents added, to SHBP Member Services (ADP) as soon as possible and no later than December 6th, 2021. This will ensure dependents receive an ID card.

• Dependent Verification Documentation may be uploaded directly into the SHBP Enrollment Portal at mySHBPga.adp.com 24 hours a day/7 days a week or you can send it in with the unique bar code provided to you via mail or email.
What Happens If I Do Not Take Action during Open Enrollment?

- Members who do not make an election, either through the SHBP Enrollment Portal or by calling the SHBP Member Services Center, will be defaulted to the same plan option they are currently enrolled in, for the Plan Year 2022.

- If you do not make an election and are currently paying the Tobacco Surcharge, your coverage will default and the Tobacco Surcharge you are paying in 2021 will continue to apply.

- If you do not make an election and are currently enrolled in the TRICARE Supplement in 2021, you will be enrolled in the TRICARE Supplement in 2022.
# 2022 Plan Options

## Medical Plan Options

### Anthem Blue Cross and Blue Shield
- Health Maintenance Organization (HMO) (Statewide)
- Health Reimbursement Arrangement (HRA)
  - Gold HRA
  - Silver HRA
  - Bronze HRA

### UnitedHealthcare
- Health Maintenance Organization (HMO) (Statewide)
- High Deductible Health Plan (HDHP)

### Kaiser Permanente (KP)
- Regional Health Maintenance Organization (HMO) (Metro Atlanta Service Area)

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## Pharmacy Benefits and Wellness Programs

**CVS Caremark** provides prescription drug pharmacy benefits for members who choose Anthem or UnitedHealthcare.

Sharecare provides well-being resources and incentive programs for members who choose Anthem or UnitedHealthcare.

**Kaiser Permanente** administers the pharmacy benefits and wellness for those enrolled in the Kaiser Regional HMO Plan Option.
The following slides are provided by our plan administrators and include an overview of benefits and resources available to SHBP members. Plan administrators include:
Which Anthem plan option do I choose?

**Anthem’s HMO plan**
A great option for members who like predictable costs and who use doctors in-network.

**Anthem’s HRA plan(s)**
A great option for members who want in- and out-of-network coverage. The Bronze level works for those who want a lower upfront cost (monthly premium), but a higher deductible. The Gold level works for those who want to pay a higher upfront cost (monthly premium), for a lower deductible. The Silver level works for those somewhere in between.

**Tools to help you choose an Anthem plan option that’s right for you are available online at anthem.com/shbp.**

<table>
<thead>
<tr>
<th></th>
<th>HMO</th>
<th>HRA (Gold, Silver and Bronze)</th>
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<tbody>
<tr>
<td>See any provider you choose (in-network or out-of-network)</td>
<td></td>
<td>✓</td>
</tr>
<tr>
<td>Plan comes with starter credits contributed by SHBP</td>
<td></td>
<td>✓</td>
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<tr>
<td>Co-pays</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Co-insurance</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Deductible</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Preventive care covered at 100% (if properly coded and provided by an in-network doctor)</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Medical and pharmacy costs count towards the out-of-pocket maximum</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>No referrals to a specialist are necessary</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Can earn well-being incentive points with Sharecare</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Large network of doctors across the U.S. and worldwide</td>
<td>✓</td>
<td>✓</td>
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<tr>
<td>Can rollover unused credits from 2021</td>
<td>✓</td>
<td>✓</td>
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</table>
Anthem has been serving Georgians for over 80 years

Access to a Registered Nurse or licensed health professional via Total Health, Total You with Anthem – at no cost

Eligible medications at no cost with engagement in the Pharmacy Co-Pay/Co-Insurance Waiver Program

Access to one of the largest network of providers

No referrals needed to see a specialist

Discounts with Anthem’s SpecialOffers Program

Dedicated Member Services team at your service by phone or online chat

You and your covered spouse can each earn up to 480 well-being incentive points to help reduce costs

24/7 access to a variety of health benefits, tools and resources including:

- 24/7 access to a doctor anytime, anywhere with LiveHealth Online.
- 24/7 access to Anthem’s Behavioral Health Resource Center.
- 24/7 access to Registered Nurses with Anthem’s NurseLine.
- 24/7 access to Anthem’s dedicated website at anthem.com/shbp.
- 24/7 mobile access via Anthem’s on-the-go Sydney mobile app.
Choosing the right plan is easy with UnitedHealthcare

The HMO and HDHP both include:

- More than 20,540 providers and 140 hospitals and facilities across GA and over 1,226,000 providers and 6,760 hospitals and facilities Nationwide
- No primary care physician selection or referrals required
- 100% preventive care in the network
- UnitedHealth Premium® provider program which gives you assistance in identifying providers who are in-network with the highest quality designation
- Live, online or smart phone virtual visits with a physician 24-7
- No cost share for certain medications when engaged in one of the Disease Management Programs
- Earn additional well-being incentive credits of up to 240 each for yourself and covered spouse from UnitedHealthcare for a total of up to 720 incentive credits each and combined 1,440 incentive credits
- Unused well-being incentive credits roll over to the following year

<table>
<thead>
<tr>
<th>HDHP with HSA</th>
<th>HMO Plan</th>
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<tr>
<td>- Medical and pharmacy expenses are combined for the out-of-pocket maximum</td>
<td>- 100% coverage after co-pay for physician visits, emergency and urgent care</td>
</tr>
<tr>
<td>- Once deductible is satisfied, an individual receives cost sharing without</td>
<td>- Lower overall network costs with coverage in network only except for emergencies</td>
</tr>
<tr>
<td>waiting for the family deductible to be met</td>
<td>- The medical and pharmacy out-of-pocket maximums are combined</td>
</tr>
<tr>
<td>- Open a tax-deferred Health Savings Account (HSA) you can take with you if</td>
<td>- Co-pays count toward your out-of-pocket maximum</td>
</tr>
<tr>
<td>you leave the Plan</td>
<td></td>
</tr>
<tr>
<td>- 100% coverage for pharmacy and medical expenses once you meet your deductible and out-of-pocket maximum</td>
<td></td>
</tr>
<tr>
<td>- Lowest cost premium option of all SHBP plans offered</td>
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</table>
We help SHBP members simplify their health care experience.

**Life is busy. You need:**
Health care that is simple to understand, personalized support and convenient tools to help you make the most of your benefits

**Dedicated and personalized support**
- Dedicated SHBP customer care advocates help you understand plan details and get the most from your benefits
- Find a physician in our network
- Enroll you in a clinical program
- Learn how to earn well-being incentive credits and more

**Clinical Support from a Devoted Nurse**
- A personal nurse to help you and your family with health care challenges, develop a care plan and engage you in clinical programs such as cancer, kidney and maternity support
- Your personal nurse will enroll you in the Diabetes, Asthma, Coronary Artery Disease, and Medications for Addiction Treatment programs and help you qualify for co-pay waiver for certain medications

**Access to emotional support**
- Get support for clinical depression, bipolar disorder, substance use and other behavioral health issues in person or online via a confidential virtual visit with a licensed therapist or psychiatrist.
- A digital on-demand application is available at no extra cost to help with stress, anxiety and depression. Sanvello is an app that offers clinical techniques to help dial down the symptoms of stress, anxiety and depression — anytime.

**Discover Personalized Care Wherever You Go**
- Online tools and mobile apps give you access to benefit details, network provider searches, virtual ID card, claims detail, treatment and lower cost alternatives and more
- Conduct a virtual office visit or speak with a nurse with 24/7 access to physicians and registered nurses

To learn more about the benefits of our UnitedHealthcare plan for you and your family, please visit UnitedHealthcare at @whyuhc.com/shbp
The Kaiser Permanente Regional HMO Plan Option is available to Commercial (active non-Medicare Advantage) SHBP members who live or work in one of the 27 counties within the defined Metro Atlanta Service Area:

- Barrow
- Bartow
- Butts
- Carroll
- Cherokee
- Clayton
- Cobb
- Coweta
- Dawson
- DeKalb
- Douglas
- Fayette
- Forsyth
- Fulton
- Gwinnett
- Haralson
- Heard
- Henry
- Lamar
- Meriwether
- Newton
- Paulding
- Pickens
- Pike
- Rockdale
- Spalding
- Walton
Kaiser Permanente (KP)

Truly connected care. That's DIFFERENT.

- Only plan with $0 Deductible
- $0 Co-insurance
- Co-pay only plan
- Preventative Care covered at 100%
- Virtual care at no cost to you!*
- Wellness rewards to spend however you choose! Up to $1,000 per household**.

Visit my.kp.org/shbp for more information!

*Virtual care includes: video visits, phone visits, e-visits, chat online with a doc, 24/7 nurse advice line and secure emailing with your physician through kp.org. Visit kp.org/getcare for details.
** Each member and covered spouse who each complete the Kaiser Permanente 2022 Wellness Program will receive a $500 reward card—up to $1,000 per household.
Kaiser Permanente

• Kaiser Permanente administers the pharmacy benefits for Members and their Covered Dependent(s) enrolled in the Kaiser Regional HMO Plan Option.

• Community pharmacy partners are Walgreens and RiteAid. Members are allowed a one-time fill, per medication, per rolling 365 days at the network pharmacy co-pay.

• Members **do not** have to go to a Kaiser Permanente pharmacy location for their prescriptions, however, they will pay the full costs for the prescriptions when using a non-Kaiser Permanente pharmacy location, outside of the network pharmacy one-time fill policy.
2022 Kaiser Permanente (KP) Wellness Program

Kaiser Permanente

• Members that elect KP will have access to a variety of their tools, activities and services such as the Total Health Assessment, Biometric Screenings and Online Healthy Living Classes

• As a part of the KP Wellness Program, if you sign up on my.kp.org/shbp and complete five wellness activities you will receive a $500 reward card (up to $1,000 per household for you and your covered spouse)

*Note: You can spend your wellness rewards however you choose! For details go to my.kp.org/shbp or call 855-512-5997.
2022 Kaiser Permanente (KP) Wellness Program (continued)

An investment that's **DIFFERENT**

**EARN UP TO $1,000**

* Each member and covered spouse who each complete the Kaiser Permanente Wellness Program will receive a $500 reward card—$1,000 per household to spend on anything you choose!

**2022 5-Step Wellness Program**

**Step 1: Accept your Agreement**
Sign on to kp.org/engage to accept your 2022 Wellness Program Agreement—check “yes,” then click submit.

**Step 2: Take Your Total Health Assessment**
Complete your Kaiser Permanente Total Health Assessment (THA) online. The questionnaire is confidential and takes about 10 minutes.

Visit kp.org/engage to view and track the status of your activities.

**Step 3: Know Your Numbers**
Complete a Biometric Screening either at a Kaiser Permanente medical office, or by a Kaiser Permanente clinician at an SHBP-sponsored screening event.

**Step 4: Get Yourself Screened**
Complete all age and gender appropriate preventive screenings for breast, cervical, or colorectal cancer.

**Step 5: Make A Lifestyle Change**
Your choice – participate in either Wellness Coaching by Phone or complete a mission through the healthy lifestyle programs.**
2022 Pharmacy Benefits

For Anthem Blue Cross and Blue Shield (Anthem) and UnitedHealthcare Elections

- CVS Caremark administers the pharmacy benefit management services for Members and their Covered Dependent(s) enrolled in Anthem and UnitedHealthcare Commercial active Non-Medicare Advantage Plan Options for 2022.
- CVS Caremark administers benefits for retail prescription drug products, mail order, home delivery and specialty pharmacy services.
- Get up to a 90-day supply of your maintenance medication either through CVS Caremark home delivery pharmacy services or at a participating 90-day retail pharmacy.
- Members do not have to go to a CVS pharmacy location for their prescriptions. Members and their covered dependent(s) can continue to use local retail and/or chain pharmacies to obtain their prescription medications.
- The UnitedHealthcare HDHP plan includes a Generic Maintenance Drug List. You do not have to meet the deductible before your co-insurance gets applied. For these drugs, you pay the 30% co-insurance on your first fill. See info.caremark.com/shbp for this list of drugs.
2022 SHBP Wellness Program: Be Well SHBP®

Anthem Blue Cross and Blue Shield (Anthem) and UnitedHealthcare Wellness

SHBP will continue its partnership with Sharecare to provide members who elect Anthem and UnitedHealthcare (non Medicare-Advantage plan options) with well-being resources and incentive programs through the Be Well SHBP well-being program.

• Members and their Covered Spouse can each earn up to 480 points (a family total of up to 960 points) and choose to redeem in the Sharecare Redemption Center for either: 1) a $150 Sharecare Visa® Prepaid Card (when redeeming all 480 points earned in 2022) OR 2) 480 well-being incentive credits (to apply toward eligible medical and pharmacy expenses).

• Health actions must be completed, and all documentation received by Sharecare between January 1, 2022 and November 30, 2022 in order to earn the points.

• Members and their covered spouses will have access to a variety of Sharecare tools, activities and services such as the RealAge Test, Well-Being Incentives, Well-Being Coaching, Online Challenges, Biometric Screenings, RealAge Program, and Webinars. For details or questions, visit BeWellSHBP.com or call 888-616-6411.
Register for an account at BeWellSHBP.com if you do not already have one. Then, complete the following steps between January 1st and November 30th, 2022 to earn your points:

• **Take the RealAge® Test. Earn 120 points and unlock your account.** *(Note: Points cannot be awarded until completion of the RealAge Test).*

• **Complete a biometric screening for 120 points.** *(There are 3 options for completing a screening: at an SHBP-sponsored onsite event, through your physician using the 2022 Physician Screening Form, or at a Quest Diagnostic Patient Service Center).*

• **Earn an additional maximum of 240 points by choosing from the following activities:**
  - Complete calls with a well-being coach. Earn 40 points up to 6 times, for a maximum of 240 points. *(You can only earn 40 points per calendar month, but you can do as many calls as you would like).*
  - Participate in a monthly rotating online challenge. Earn 120 points for each completed challenge up to two times, for a maximum of 240 points.
  - Complete the RealAge Program. Choose the healthy category you would like to work on and set a weekly goal. Track progress toward the goal at least 4 times per week, over 3 weeks (Sunday-Saturday) to earn 120 points one time during the program year.

✔ **Be Well SHBP members have access at no additional cost to the “Serenity” Digital Program Suite*. Serenity includes programs designed to foster and encourage relaxation, manage stress and anxiety, tobacco cessation, and encourage healthy eating habits.

*Not part of the well-being incentive program.*
Members and Covered Spouses Can Choose How to Redeem Points

Anthem and UnitedHealthcare (non-Medicare Advantage Plan Options) eligible members and their covered spouses can earn 480 points and choose how to redeem them for ONE OPTION BELOW:

- **480 well-being incentive credits toward eligible medical and pharmacy expenses.** Well-being incentive credits will be deposited in your Anthem HRA or MIA account or UnitedHealthcare HIA account within 30 days of redemption. Points can be redeemed in increments of 120; OR

- **A $150 Sharecare Visa® Prepaid Card;** this can be used anywhere Visa is accepted. ALL 480 points needed for redemption in the Sharecare Redemption Center; card is mailed within 4-8 weeks of redemption.

Points Earned in 2022 Must Be Redeemed

Points are saved in Sharecare’s Redemption Center until members choose to redeem them. You have until midnight on December 15, 2022 to redeem 2022 points.

- **If not redeemed by December 15th, 2022 any unredeemed points will be sent as well-being incentive credits to the member’s health plan.**

- **NOTE:** Points are not automatically redeemed and transferred for Medicare Advantage members. Please redeem your points before transferring into Medicare Advantage.
Rates and Plan Information

• The information provided in this presentation is a summary of changes for the 2022 Plan Year. It is intended only to highlight benefits.

• Please refer to the Active Decision Guide for more details.

• Premium rates, Decision Guides and other information will be available at www.shbp.georgia.gov and mySHBPga.adp.com.
Flexible Benefits with Georgia Breeze

- SHBP does not provide Flexible Benefits (e.g., dental, vision).

- If you are eligible to make flexible benefit elections through your Employer, please contact your HR Department, or under the Flexible Benefits Program administered by the Department of Administrative Services (DOAS):

  - Visit www.GABreeze.ga.gov
  - Call 877-342-7339
Contact Information for Questions

If you have questions about the **Medical Plan Options**, please contact Anthem, UnitedHealthcare or Kaiser for more information.

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<thead>
<tr>
<th>Member Services</th>
<th>Website</th>
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<tbody>
<tr>
<td><strong>Anthem Blue Cross and Blue Shield</strong>&lt;br&gt;Monday - Friday, 8:00 a.m. to 8:00 p.m. ET</td>
<td>855-641-4862, TTY 711&lt;br&gt;www.anthem.com/shbp</td>
</tr>
<tr>
<td><strong>UnitedHealthcare</strong>&lt;br&gt;Monday - Friday, 8:00 a.m. to 8:00 p.m., ET</td>
<td>888-364-6352, TTY 711&lt;br&gt;www.whyuhc.com/shbp</td>
</tr>
<tr>
<td><strong>Kaiser Permanente</strong>*&lt;br&gt;Monday - Friday, 7:00 a.m. to 7:00 p.m., ET&lt;br&gt;<strong>including any pharmacy or wellness questions</strong></td>
<td>855-512-5997, TTY 711&lt;br&gt;www.my.kp.org/shbp</td>
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Contact Information for Questions (continued)

If you have **Pharmacy or Wellness** questions for Anthem and UnitedHealthcare Plan Options, please contact CVS Caremark or Sharecare.

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<tr>
<th>Pharmacy Vendor</th>
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<th>Website</th>
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<tbody>
<tr>
<td>CVS Caremark</td>
<td>844-345-3241</td>
<td><a href="https://info.caremark.com/shbp">https://info.caremark.com/shbp</a></td>
</tr>
<tr>
<td>24/7</td>
<td>TTY: 800-231-4403</td>
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<th>Wellness Vendor</th>
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<tr>
<td>Sharecare</td>
<td>888-616-6411</td>
<td><a href="www.BeWellSHBP.com">www.BeWellSHBP.com</a></td>
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<td><em>Monday - Friday, 8:00 a.m. to 8:00 p.m., ET</em></td>
<td>(TTY 711)</td>
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Contact Information for Questions (continued)

Open Enrollment Selection Dates
October 18, 2021 at 12:00 a.m. ET - November 5, 2021 at 11:59 p.m. ET

If you have questions about enrollment or would like to enroll in an SHBP Commercial active Non-MA plan option, please contact SHBP Member Services for more information.

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<tr>
<td><em>During Open Enrollment:</em></td>
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<tr>
<td>Monday - Friday, 8:30 a.m. to 7:30 p.m. ET</td>
<td>800-610-1863</td>
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<tr>
<td><em>Regular Hours:</em></td>
<td></td>
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<tr>
<td>Monday - Friday, 8:30 a.m. to 5:00 p.m. ET</td>
<td>myshbpga.adp.com</td>
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Thank you!