

Where can I get my **BIOMETRIC SCREENING?**

One of the five steps to earn up to \$1,000*



Register to view screenings near you

It's easy! Our health professionals are coming to a worksite near you. View a list of upcoming events and make an appointment.

▶ kp.org/wellnessevent

- For new users, enter the code **SHBP**.
- Please arrive 10 minutes prior to your scheduled appointment time.
- Screening results are strictly confidential and are available within 24-48 hours.

OR

Make an appointment at a Kaiser Permanente medical office

You can always schedule an appointment at a Kaiser Permanente medical office near you.

▶ 404-365-0966

- Call Monday - Friday, 8 a.m. to 8 p.m. ET.
- You can also schedule a nurse visit at no cost.

Why is a biometric screening important?

The results of your biometric screening helps you understand where you can take action to improve your health.

For details or general questions:

 my.kp.org/shbp  855-512-5997

What can you expect?

Our biometric screenings are quick and easy! Your screening includes:

- height • weight • blood pressure • cholesterol
- hemoglobin A1c • BMI (body mass index)

Remember to bring your Kaiser Permanente ID card or digital membership card.**



Wear a mask



Stay home if you are sick



Maintain physical distance

*You and your covered spouse.

**Download the Kaiser Permanente app to access your digital membership card. To activate the app, register online at kp.org/register to receive your user ID and password.

IMPORTANT: All screenings must be conducted by Kaiser Permanente in order to be credited towards earning your 2023 Wellness Program incentive. For biometric measurements that have been completed by a previous provider, you can submit a screen capture of the appropriate tests from your previous medical record, or physician visit in which those tests were performed, and email to product-operations@kp.org. You may also contact Workforce Health Member Support via phone to 866-300-9867.

Visit kp.org/engage to view and track the status of your activities.



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