

**STATE HEALTH BENEFIT PLAN (SHBP) 2021  
RETIREES NON-TOBACCO USERS SURCHARGE REMOVAL POLICY\*  
FOR NON-MEDICARE ADVANTAGE ANTHEM BLUE CROSS AND BLUE SHIELD (ANTHEM)  
AND UNITEDHEALTHCARE MEMBERS**

**It takes 6 to 8 weeks to complete the requirements for surcharge removal. You must complete the Sharecare RealAge® Test by December 31, 2021 and a telephonic well-being coaching program by December 31, 2021 OR any online challenges by November 30, 2021.**

**This policy only applies to the 2021 plan year. You must notify Sharecare that you have completed all Tobacco Surcharge Removal Requirements by December 31, 2021 to have the surcharge removed and refunded.**

This policy applies to non-Medicare Advantage Anthem and UnitedHealthcare members who do not use tobacco or Electronic Nicotine Delivery Systems (also known as vapes or e-cigarettes) and are paying the tobacco surcharge (\$80 per month) due to an error in their election during enrollment. This policy allows the tobacco surcharge to be removed by completing the Tobacco Surcharge Removal Requirements.

Non-Medicare Advantage Anthem and UnitedHealthcare members who are not tobacco users may have their tobacco surcharge removed by completing the Tobacco Surcharge Removal Requirements through your well-being vendor Sharecare as outlined below.

If you complete the Tobacco Surcharge Removal Requirements, you will be able to avoid the surcharge for the entire year. This means that any surcharge paid prior to completion of the Tobacco Surcharge Removal Requirements may be refunded after the completion of all Tobacco Surcharge Removal Requirements. **All Tobacco Surcharge Removal Requirements must be completed between January 1 and December 31, 2021.**

### **Tobacco Surcharge Removal Requirements**

**The following steps are for SHBP members covered under non-Medicare Advantage Anthem and UnitedHealthcare Plan Options ONLY and will not satisfy surcharge removal requirements for members enrolled in other Plan Options.**

**If you are not a tobacco user and are paying the tobacco surcharge due to an error in your election during enrollment, you must:**

1. Complete the Sharecare RealAge test between January 1 and December 31, 2021 at [BeWellSHBP.com](http://BeWellSHBP.com) by selecting the option to "Take the RealAge Test" to begin.
2. Complete a telephonic well-being coaching program by December 31, 2021 through Sharecare by calling: 888-616-6411 to enroll **OR** complete one of the following online challenges or the RealAge Program between January 1, 2021 and November 30, 2021.
  - 5,000 Steps Challenge (Complete 5,000 steps for 21 of 30 days during the challenge month).
  - Stress Challenge (Complete 21 of 30 days during the challenge month).
  - Green Day Challenge (Complete 21 of 30 Green Days during the challenge month).

**\*Note: The Tobacco Users Surcharge Removal Policy applies to tobacco and electronic nicotine delivery system products**

One challenge will be offered each month on a rotating basis beginning January 1, 2021 through November 30, 2021.

- RealAge Program (Track progress toward the goal at least 4 times per week (Sunday – Saturday) over 3 consecutive weeks. Go to [www.BeWellSHBP.com](http://www.BeWellSHBP.com) for more details.
  
- 3. Once you have completed Steps 1 and 2 above, call Sharecare at 888-616-6411, select the coaching option, and notify them by December 31, 2020 that you have completed the Tobacco Surcharge Removal Requirements and request a Letter of Completion to retain for your records.

If you think that you might be unable to complete the Tobacco Surcharge Removal Requirements, you might qualify for an opportunity to avoid the tobacco surcharge by different means. Contact Sharecare at 888-616-6411 and we will work with you (and, if you wish, with your doctor) to find a well-being program with the same reward that is right for you considering your health status.