

2024 Mental Health Summit: A Path to a Resilient State of Mind

DAY 1

Time	Sessions
7:00 - 5:30 AM	Registration
7:30 - 8:30 AM	Breakfast
8:00 - 8:45 AM	Summit Kick-Off: Dr. Dean Burke, DCH Chief Medical Officer and Louis Amis, SHBP Executive Director [Grand Ballroom]
8:45 - 9:00 AM	Diamond Sponsor: Anthem Blue Cross Blue Shield
9:00 - 10:00 AM	Building Resilience and Improving Well-being with Mindfulness with Sharecare [Grand Ballroom]
10:00 - 10:15 AM	Connect with our Sponsors [Pre-Function Area]
10:15 - 11:00 AM	Let's Talk About 9-8-8: Mahogany Ellis [Grand Ballroom]
11:00 - 11:20 AM	Mind, Body, and Movement, stretch series led by Sharecare [Grand Ballroom]
11:20 - 12:20 PM	Navigating Mental Health Panel [Grand Ballroom]
12:20 - 1:20 PM	Lunch [Grand Ballroom]
12:35 - 1:00 PM	Gold Sponsors: CVS Caremark and Kaiser Permanente
1:00 - 2:00 PM	Mental Wellness with Dr. Sherry
2:10 - 3:10 PM	Mental Health First Aid: UnitedHealthcare [Bernstein Ballroom]
	Breaking the Stigma of Substance Use Disorder: Addressing Barriers & Medication-Assisted Treatment with CVS Caremark along with DPH Naloxone Training [Concourse Ballroom]
3:15 - 4:15 PM	Employee Assistance Program Panel [Grand Ballroom]
4:15 - 4:30 PM	Mind, Body, and Movement, a stretch series led by Sharecare [Grand Ballroom]
4:35 - 5:35 PM	Caregiver Mental Health: Support for the Sandwich Generation: Anthem Blue Cross Blue Shield [Bernstein Ballroom]
	Understanding Bullying in Educational and Professional Environments: Kaiser Permanente [Concourse Ballroom]
5:45 PM	Closing Remarks: Louis Amis, Executive Director [Grand Ballroom]

DAY 2

Time	Sessions
6:30 - 7:00 AM	Chair Yoga: Sharecare [Bernstein Ballroom]
7:00 - 11:30 AM	Registration
7:00 - 8:00 AM	Breakfast [Grand Ballroom]
7:15 - 7:30 AM	Opening Remarks: Cathy Craven, SHBP Deputy Executive Director [Grand Ballroom]
7:30 - 7:55 AM	Platinum Sponsors: UnitedHealthcare and Sharecare
8:00 - 9:00 AM	Working In Resilient Environments (WIRE) by Kaiser Permanente Educational Theatre [Grand Ballroom]
9:10 - 10:10 AM	Food and Mood Connection: Anthem Blue Cross Blue Shield [Bernstein Ballroom]
	NAMI's Ending the Silence for School Staff in Partnership with Sharecare [Concourse Ballroom]
10:20 - 11:20 AM	Stress, Anxiety and Depression Panel [Grand Ballroom]
11:20 - 11:35 AM	Words from Russel Carlson, DCH's Commissioner [Grand Ballroom]
11:35 - 12:35 PM	Legislative Panel: Georgia Advocacy Law [Grand Ballroom]
12:35 - 12:45 PM	Box Lunch [Pre-Function Area]
12:45 - 1:45 PM	The Effects of Social Media on Mental Health: Anthem Blue Cross Blue Shield [Bernstein Ballroom]
	Autism Spectrum Disorder: UnitedHealthcare [Concourse Ballroom]
1:45 - 2:00 PM	Closing Ceremonies: Louis Amis, Executive Director and Winners Announcements [Grand Ballroom]

